**REQUEST**

**to finance a social project**

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|  | Name of the project | **"Sand therapy"** |
|  | Names of the organization | State Institution "Ivatsevichi Territorial Center for Social Services of the Population" |
|  | Physical and legal address of the organization, telephone, fax, e-mail | 225295, Brest region, Ivatsevichi, Shchorsa str., 13  Tel.: 8 (01645) 2-06-27, fax: 8 (01645) 9-76-89  e-mail: ivtcson@brest. by |
|  | Information about the organization | The work of the state institution "Ivatsevichi Territorial Center for Social Services of the Population" is aimed at organizing social services for citizens in difficult life situations in the form of semi-stationary, non-stationary, urgent social services, social services at home and in a substitute family, as well as contributing to the intensification of citizens' own efforts to prevent, overcome a difficult life situation and (or) adapt to it. |
|  | Head of institution | Pokalyuk Denis Valeryevich, Director of the State Institution "Ivatsevichi Territorial Center for Social Services", tel.: 8 (01645) 2-53-19 |
|  | Project Manager | Goreglyad Svetlana Arkadievna, specialist in social work of the department of day stay for senior citizens of the State Institution "Ivatsevichi Territorial Center for Social Services", tel.: 8 (01645) 2-06-27 |
|  | Previous assistance received from other foreign sources | No |
|  | Required amount | 3 000 EUR |
|  | Project term | 2023 |
|  | Purpose of the project | The main goal of sand therapy is to achieve the effect of self-healing by the client through spontaneous creative expression. |
|  | Objectives of the project | The main task of sand therapy is to help elderly citizens bring information from the unconscious sphere into the field of consciousness.  A person receives freedom of self-expression. Images arise in his imagination, which he recreates with the help of sand.  The main advantage of this method is the "creation of a free and protected space" in which a person can express and explore his world, turning his experience and his experiences, often incomprehensible or disturbing, into visible and tangible images.  Working with sand turns into a means of relaxation and creative self-expression. The sensations that arise in older people when they come into contact with sand return them to childhood. Creating compositions of the past, present and future on the sand helps a person realize his place in life, determine the directions of self-development. |
|  | Task Force | Senior citizens attending the day care department for senior citizens of the state institution "Ivatsevichi Territorial Center for Social Services. |
|  | Detailed description of the activities within the framework of the project in accordance with the tasks | 1. Purchase of necessary equipment for sand therapy:  - 3 tablea (light plates);  - 6 chairs  - quartz sand;  - a collection of miniature figurines;  - 6 scoops for sand;  - 6 sand brushes;  - Portable speaker to create a musical background for the purpose of effective immersion in the lesson and relaxation.  2.  Informing through the media citizens of the Ivatsevichi district about the provision of services by a leisure center free of charge as part of the work of the sand therapy studio. |
|  | Expected result | * The implementation of the project will allow: * Get rid of complexes and fears * Relieve internal tension * Develop coordination of movements, fine motor skills, orientation in space * Build positive communication skills * Improve memory, attention and spatial imagination * Increase self-esteem, self-confidence * Promotes self-development, search for internal resources, activation of creative potential. |
|  | Rationale for the project | In the Ivatsevichi district, there are no specialized sensory and relaxation rooms for elderly citizens.  The acquisition of specialized equipment for sand therapy will create favorable conditions for self-development, the search for internal resources, and the activation of creative potential. |
|  | Post-project activities | The provision of leisure services to needy citizens on a gratuitous basis will continue after the implementation of the project within the framework of the work of the studio "Sand Therapy" of the State Institution "Ivatsevichi Territorial Center for Social Services of the Population". |
|  | Responsible person | Goreglyad Svetlana Arkadievna, specialist in social work of the department of day stay for senior citizens of the State Institution "Ivatsevichi Territorial Center for Social Services", tel.: 8 (01645) 2-06-27 |
|  | Project Budget | 3 000 EUR |

***We hope for cooperation!***